



## WHAT TO BRING TO CAMP

- A Bible
- A change of clothes for each day
  - Laundry facilities are not accessible
  - See Dress Code for more details
- Sleepwear
- Jacket or windbreaker
- Rain-gear (poncho or umbrella)
- Hat (for sun protection)
- Sunscreen, lip balm & insect repellent
- Bedding for a twin bed or sleeping bag
- Pillow
- Toiletries
  - Soap
  - Shampoo
  - Deodorant
  - Comb
  - Brush
  - Toothbrush
  - Toothpaste
- Flip flops or water shoes for the shower
- Wash cloths and towels
- Tennis shoes (closed-toed and closed-heeled)
- Flashlight
- Alarm clock (buddies and volunteers only)

### Optional

- If nighttime incontinence is an issue, bring an extra set of night clothes, bedding, and waterproof mattress cover.
- If a camper is planning on participating in the talent show and it is not available on Spotify, bring the accompaniment CD.

### Medication

- All medication must be brought in its original container and placed in a zipper bag labeled with the camper's name. It will be turned into the nurse at registration. A digital medication form must also be completed for all campers.

### DO NOT BRING

- Cash or valuables
- Snacks or food
- Knives or guns
- Fireworks
- Electronics or Games